

Acupuncture Treatment Points

Conditions that May Be Assisted	Guide to Treatment Points
Abdominal Pain/Distention	3, 4, 5, 6, 7, 8, 9, 10, 12, 14, 16, 18, 22, 24, 48, 49, 50, 68, 79, 80, 86, 87, 90
Abundant Expectoration (<i>cough</i>)	23
Adnexitis (<i>inflammatory disease of ovaries, fallopian tubes and uterus</i>)	71
Ankle Pain	24, 91, 92
Ankle Weakness	24
Amenorrhea (<i>absence of a period by age 16</i>)	16, 77
Amnesia	38, 64
Anorexia	4
Anxiety	34
Arm Pain/Stiffness	42, 44, 45, 85, 87
Asthma	2, 23, 37, 59, 62, 63
Back Pain	41, 43, 55, 56, 57, 58, 59, 60, 61, 62
Back Stiffness	45, 60
Beriberic Dropsy	82
Bitter Taste in Mouth	67
Breast Pain	1, 2
Buttock Pain	54
Cardiac Pain	32, 38, 39, 64
Cheek/Jaw Pain and Swelling	46, 76
Chest Pain	37
Chest & Hypochondrium Distention/Swelling	25, 47, 89, 90
Cholecystitis (<i>inflammation of gallbladder</i>)	65, 67, 89

Cold and Flu Symptoms	61, 63
Constipation	3, 5, 9, 10, 14, 21, 23, 50, 55, 72, 74
Convulsion	40
Cough Relief	1, 2, 23, 31, 35, 37, 41, 59, 61, 62, 63
Cystitis (<i>bladder inflammation</i>)	74
Deafness	51
Dermatophytosis (<i>fungal infection of the skin</i>)	92
Dizziness	24, 25, 26, 28, 86, 91
Diarrhoea	3, 4, 5, 6, 7, 8, 9, 13, 21, 47, 72, 74, 86, 87
Distention (<i>swelling from internal pressure</i>)	3
Dropsy (<i>swelling due to excess liquid</i>)	6, 11, 23, 68, 69, 79, 80
Dysphoria (<i>sadness/anxiety</i>)	38
Dysuria (<i>painful urination</i>)	14, 26, 75, 78
Dysentery	10, 79
Eczema	77
Elbow and Arm Swelling and Pain	31
Enteritis (<i>inflammation of small intestine</i>)	10, 72
Enuresis (<i>bed wetting</i>)	12, 81
Epilepsy	38, 39, 64, 76
Eyes - Red/Swollen/Painful	25, 27
Eye Disease of Any Kind	28, 66, 85, 88
Facial Paralysis	28, 29, 35, 84, 88
Fever	61, 88
Fungal Nail Infection	39
Gastric Ulcer	3, 69

Gastritis (<i>inflammation of stomach lining</i>)	3, 69
Headache	23, 24, 25, 26, 27, 28, 35, 71, 76, 88, 90, 91
Heat Stroke	40
Heel Pain	83, 92
Hematochezia (<i>passing of blood in stools</i>)	68
Hemiplegia (<i>paralysis of one side of body</i>)	21, 44, 51, 57, 81, 85, 86, 88, 89
Hemorrhoids	8, 52, 55, 58
Hepatitis	65, 67, 69
Hernia	17, 18, 78
Hypertension (<i>high blood pressure</i>)	21
Hypochondrial Pain (<i>upper part of abdomen</i>)	34, 36, 67, 89
Hypogalactica (<i>deficiency of milk secretion</i>)	1, 2
Impotence	13, 15, 18, 70, 71, 73, 81
Indigestion	3, 5, 21, 69
Insomnia	38, 40, 64, 82
Intestinal Obstruction	10
Jaundice	48
Knee Pain/Knee Joint	20, 22, 89
Leg Pain	53, 57, 58, 91
Liver Disease	66
Lower Limb Paralysis/Numbness	20, 53, 73
Lumbago (<i>lower back pain</i>)	50, 53, 70, 71, 72, 92
Lumbosacral Pain (<i>where spine meets sacrum</i>)	73, 74, 75
Mammery Proliferation	46
Menstruation Irregularity	11, 12, 13, 14, 17, 18, 19, 70, 73, 75, 77, 78, 79, 80, 82, 83



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Menstruation Pain	11, 13, 14, 15, 16, 26, 73, 77, 80, 81, 83
Migraine	90
Mumps	51, 84
Nasal Obstruction	29
Nausea	48
Neck and Nape Pain/Stiffness	35, 41, 43, 45, 60, 90
Nephritis (<i>inflammation of kidney</i>)	6, 70
Nerve Pain - Intercostal and Radial	33, 65, 66
Neurasthenic (<i>chronic fatigue and weakness</i>)	12, 66, 81, 88
Night Sweats	63
Nose Bleed	29
Palpitation	32
Paralysis	44, 58
Paralysis of Face	28, 29
Paralysis of Lower Limbs	52, 56, 73
Paralysis and Numbness of Upper Limbs	30, 87
Pelvic Inflammation	70
Proctoptosis (<i>prolapse of rectum</i>)	8, 58
Prolapsed Uterus	11
Prospermia (<i>premature ejaculation</i>)	81
Prostatitis (<i>inflammation of the prostate gland</i>)	18
Prostate Disease	15
Pruritis Vulvae (<i>itching of female genitalia</i>)	19, 78
Rhinitis (<i>nasal irritation or inflammation</i>)	88
Scapula Pain (<i>shoulder blade</i>)	46
Scelalgia (<i>pain in leg</i>)	53

Sciatica (<i>form of lower back & leg pain</i>)	52, 53, 54, 55, 56, 57, 74
Seminal Emission	12, 17, 71, 79
Shin Splints	22, 58
Shoulder Pain/Frozen Shoulder (<i>Omalgia</i>)	22, 30, 41, 42, 43, 44, 45, 59, 87
Spine and Back Stiffness	49, 60, 62
Sterility	16, 81
Stomach Ache	4, 21, 32, 34, 36, 49, 65
Stomach Disease	66
Swelling and Pain of Lip and Cheek	29
Swelling/Distention	20
Testiculitis (<i>inflammation of the scrotal gland</i>)	81
Throat Pain and Swelling	31, 34, 82, 86, 88
Tinnitus	51, 76
Toothache	29, 84, 88
Upper Arm Pain	44
Upper Arm Numbness	43
Urination Frequency/Dribbling	13, 17, 81
Urodialysis	13, 15, 55, 75, 81
Varicosity of Lower Limbs (<i>swollen, twisted, painful veins</i>)	19
Vertex Pain (<i>pain in back of head</i>)	40
Vision Blurred	27, 83
Vomiting	1, 4, 32, 34, 39, 47, 48
Waist Pain	55, 56, 57, 58, 91
Weight Reduction	9
Wrist Pain	36, 37

Acupuncture Treatment Points Guide



Fig. 1

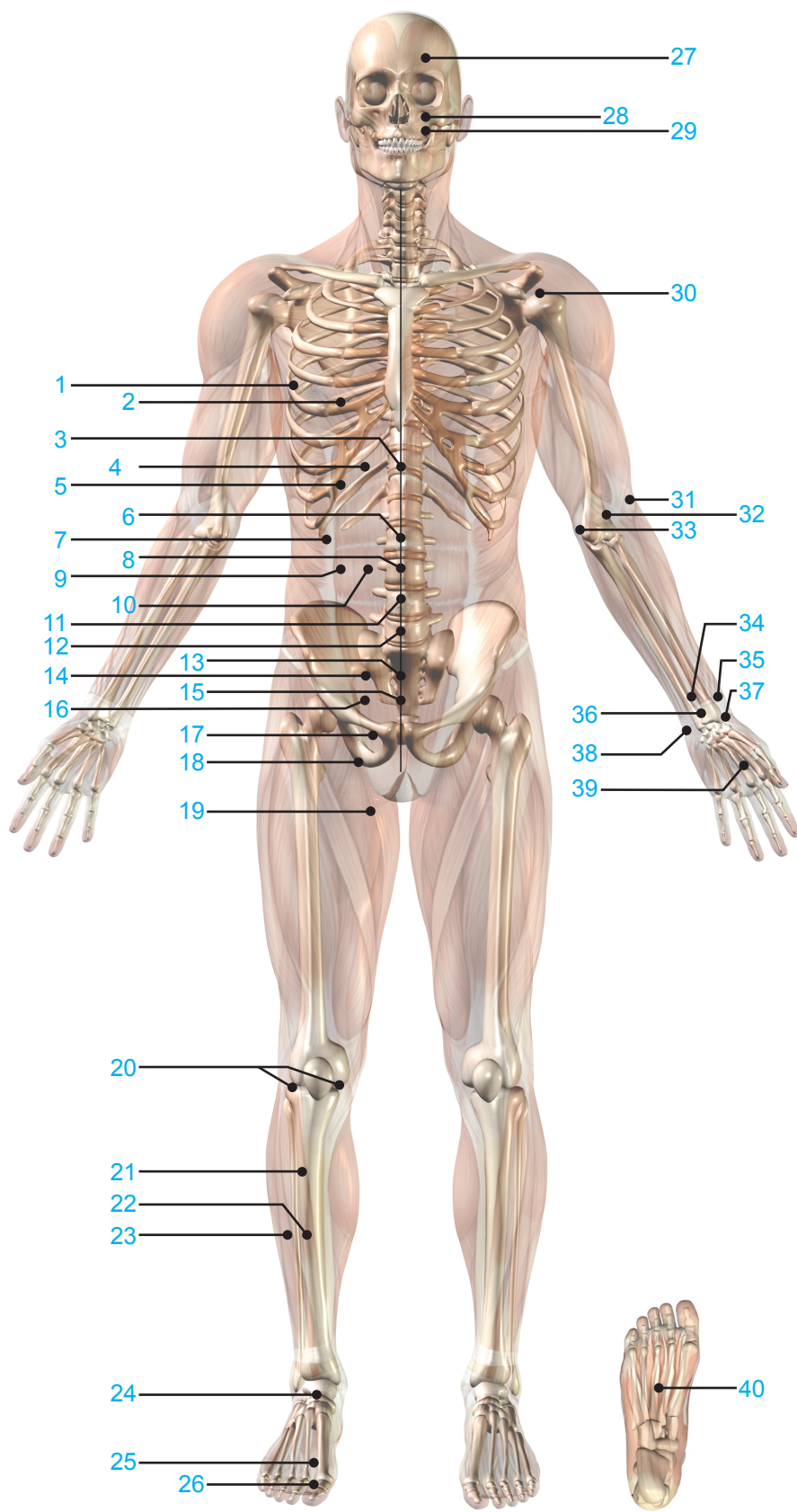


Fig. 2

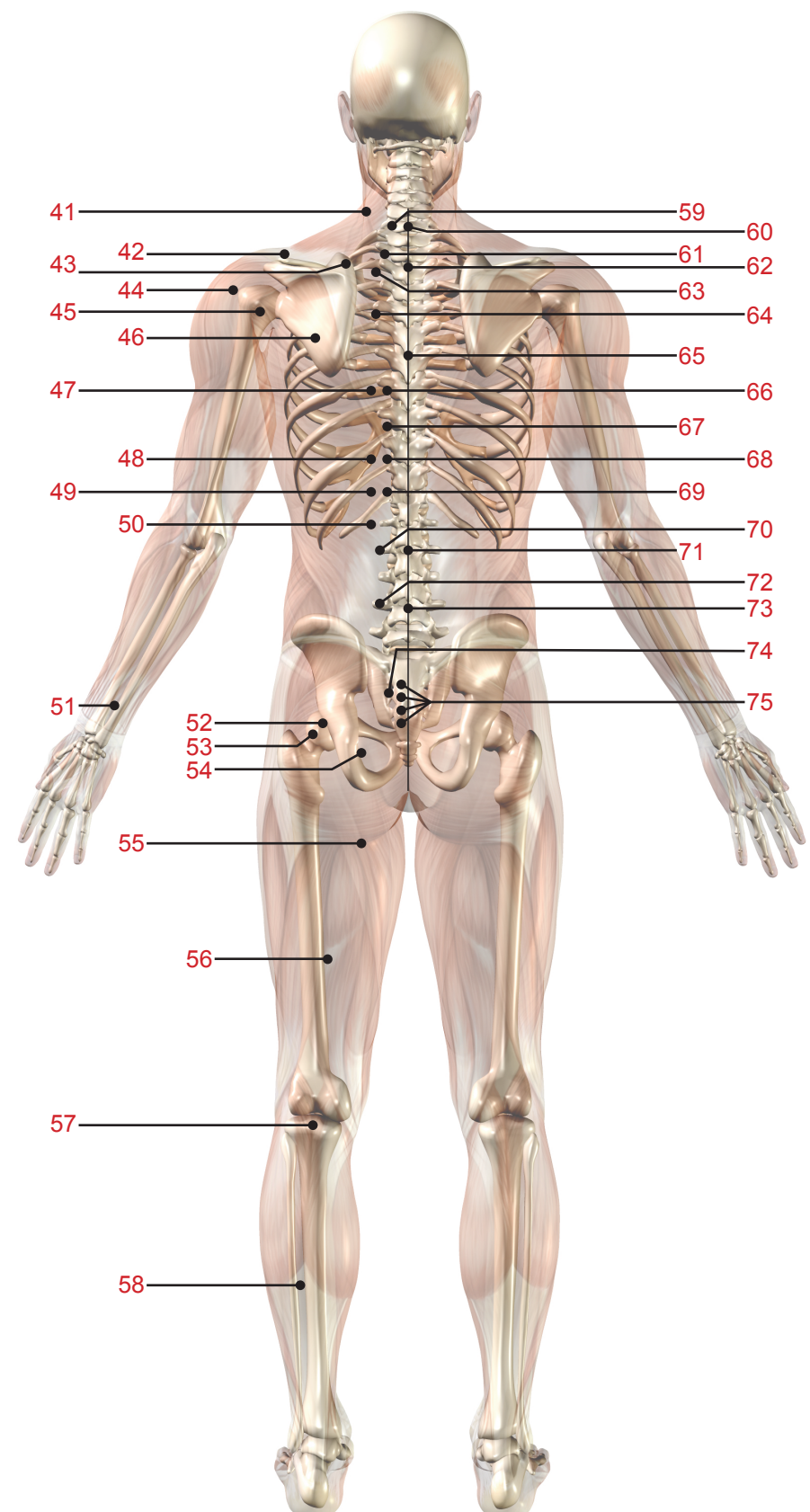


Fig. 3

